

These 16 Unique Yoga Classes Let You Try Some Far-Out Flows

by [CARRIE BELL](#) | Last Updated: Oct 24, 2017

Practice may make perfect, but going to the same old yoga class day in and day out can make mat time mundane. If it's time to switch up your savasana, check out these interesting classes around the world that put a new slant on sun salutations by adding water, incorporating instruments, turning off the lights or including four-legged yogis. You just might discover that your hips are open to trying something off the beaten path to self-acceptance.



15 HATHA HIKES

To go far beyond the mat, find a class that matches a walk in the wild with some outdoor planking. How meta would it be to see an eagle while contorted into eagle arms? **The LARK** in Bozeman, Montana, has a package that includes a hike to a majestic meadow (tailored to guests' ability levels), outdoor yoga, a 75-minute massage, a gift bag (water bottle, lip balm and other items useful on your journey to self-discovery) and time to recuperate by the hipster motel's fire. Snowga will be added once winter comes. New Mexico's Yogihiker hits the trails in the Santa Fe National Forest and sets up a studio in the shade of tall trees. Some add-ons include an ayurvedic vegan picnic and a guided medicine wheel meditation.